

Handicap 5k race**5 03/09/2024**

Name	Target time	Handicap	Est start time	Stopwatch Time	Race time	Position	Column1
David Poulter	31:45	06:00	7:06pm	33:48	27:48	1	
John Harris	32:45	05:00	7:05pm	34:25	29:25	2	
Jon Boe	30:45	07:00	7:07pm	34:30	27:30	3	
Andy Chapman	27:45	10:00	7:10pm	34:43	24:43	4	
Dan Curtin	31:45	06:00	7:06pm	35:21	29:21	5	
Charlie Day	37:45	0	7:00pm	35:38	35:38	6	
Martin Harris	24:30	13:15	7:13pm	35:38	22:23	7	
Damla Akkul	28:30	09:15	7:09pm	35:51	26:36	8	
Richard Liversidge	33:45	04:00	7:04pm	35:56	31:56	9	
Emma Wick	34:15	03:30	7:03pm	36:06	32:36	10	
Katka Loughton	26:45	11:00	7:11pm	36:08	25:08	11	
Kerry Cunnane	29:45	08:00	7:08pm	36:20	28:20	12	
Ben Murphy	25:30	12:15	7:12pm	36:12	23:57	13	
Ashley Bates	25:15	12:30	7:12pm	36:22	23:52	14	
Kath Phoenix	23:30	14:15	7:14pm	36:27	22:12	15	Fastest lady
Gemma Holloway	27:30	10:15	7:10pm	36:28	26:13	16	
Martin Wasley	29:15	08:30	7:08pm	36:31	28:06	17	
Simona Leadbetter	29:15	08:30	7:08pm	36:36	28:06	18	
Neal Crawley	24:45	13:00	7:13pm	36:38	23:38	19	
Lewis Green	22:15	15:30	7:15pm	36:48	21:18	20	Fastest man
Jodie Kantas	23:45	14:00	7:14pm	36:56	22:56	21	

Conor O'Neill	22:15	15:30	7:15pm	37:05	21:35	22
Graeme Hulstrom	29:30	08:15	7:08pm	39:48	31:33	23