

Handicap 5 mile 29/10/2023

Name	Target time	Handicap	Stopwatch time	Race time	Age grading	Position
Mark Legate	44:00	19:00	'0:59:55	40:55	61.59%	1
Ashley Bates	45:30	18:30	1:00:12	41:42	53.34%	2
Angela Goodwin	1:04:00	0	1:00:18	1:00:18	47.20%	3
Tony Vasse	53:00	11:00	1:00:33	49:33	54.49%	4
Neil Homewood	47:00	17:00	1:00:42	43:42	61.78%	5
Wendy Summerbee	1:01:00	03:00	1:00:59	57:59	51.74%	6
Caitlin Evans	47:30	16:30	1:01:23	44:53	53.91%	7
Fran Levy	49:45	14:15	1:01:34	47:19	72.18%	8
Lisa Liversidge	48:00	16:00	1:02:05	46:05	65.10%	9
James Woodcock (+ Jay Papa)	42:30	21:30	1:02:23	40:53	53.31%	10
Katka Loughton	42:30	21:30	1:02:28	40:58	65.33%	12
Ian Young	39:00	25:00	1:02:32	37:32	65.51%	13
Russ Wingfield	38:00	26:00	1:02:33	36:33	61.99%	14
Wayne Simmons	42:15	21:15	1:02:45	41:30	63.91%	15
Gavin Cooper	39:45	24:15	1:02:50	38:35	60.77%	16
Ken Hall	42:45	21:15	1:02:52	41:37	70.90%	17
Paul Smith	38:00	26:00	1:02:59	36:59	71.10%	18
Colette Cooper	40:15	23:45	1:03:13	39:28	65.21%	19
Ian Harvey	35:00	29:00	1:03:29	34:29	65.95%	20
Gemma Holloway	48:00	16:00	1:03:46	47:46	51.14%	21
Stella Toresse (+Emma Mead)	52:00	12:00	1:03:50	51:50	57.88%	22
Jodie Kantas	39:30	24:30	1:05:16	40:46	61.33%	24

Fastest lady

Fastest man