## Stevenage Phoenix Running Club- 2024 race calendar

17/01/2024   Velwyn half	Month	Event description	Distance	ARC permit?	Road or MT
21/01/2024   Fred Hughes 10 (Herts County seniors)   10 miles   No   Road		·		•	
28/01/2024   Watford (Herts Country seniors)   Half   No   Road		i '			
04/01/2024   ATW Love Welvyn 10k		· · · · · · · · · · · · · · · · · · ·			
11/02/2024   RTW Love Welwyn 10k					
11/02/2024   Bramley 10					
11/02/2024   Ramley 20		·			
18/02/2024   Bichmond half   13.1 miles   No   Road   25/02/2024   Bedford 10k (ATW)   10k   No   Road   25/02/2024   Bedford half (ATW)   Half   No   Road   25/02/2024   MK 5k   5k   No   Road   17/03/2024   MK 5k   5k   No   Road   17/03/2024   MK 5k   10k   No   Road   17/03/2024   MK 10k   10k   No   Road   17/03/2024   MK 10k   10k   No   Road   17/03/2024   MK 20   20 miles   No   Road   17/03/2024   Mk 20   20 miles   No   Road   24/03/2024   Twin lakes 10   10 miles   No   Road   24/03/2024   Twin lakes 10   20 miles   No   Road   24/03/2024   Hillingdon 20   20 miles   No   Road   24/03/2024   Hillingdon 20   20 miles   No   Road   24/03/2024   Addienhead 10   10 miles   No   Road   29/03/2024   Maldenhead 10   10 miles   No   Road   29/03/2024   Maldenhead 10   10 miles   No   Road   27/04/2024   Maldenhead 10   10 miles   No   Road   27/04/2024   White horse half   Half   No   Road   27/04/2024   White horse half   Half   No   Road   27/04/2024   Marchester   Mar   No   Road   27/04/2024   Hitchin 10k   10k   No   Road   27/05/2024   Milton Keynes half marathon   Half   No   Road   27/05/2024   Marathod Reynes Road   10k   No   Road   27/05/2024   Marathod Reynes Ro		<u> </u>			
25/02/2024   Bedford 10k (ATW)   10k		<u> </u>			
Sp/02/2024   Bedford half (ATW)   Half   No Road					
Soft					
10/03/2024   MK sk   Sk					
17/03/2024   MK Sk					
17/03/2024   MK 10k   10k   No   Road   17/03/2024   MK 10f   Half   No   Road   17/03/2024   MK 20   20 miles   No   Road   24/03/2024   Twin lakes 10   10 miles   No   Road   24/03/2024   Twin lakes 10   20 miles   No   Road   24/03/2024   Twin lakes 20   20 miles   No   Road   24/03/2024   Hillingdon 20   20 miles   No   Road   24/03/2024   Maidenhead 10   20 miles   No   Road   24/03/2024   Maidenhead 10   10 miles   No   Road   07/04/2024   London Landmarks   Half   No   Road   07/04/2024   Unite horse half   Half   No   Road   07/04/2024   Milto horse half   Half   No   Road   14/04/2024   Manchester   Mar   No   Road   14/04/2024   Manchester   Mar   No   Road   14/04/2024   Manchester   Mar   No   Road   05/05/2024   Hiltchin 10k   10k   No   Road   05/05/2024   Milton keynes Rocket 5k   5 k   No   Road   05/05/2024   Milton keynes Rocket 5k   5 k   No   Road   06/05/2024   Milton keynes marathon   Half   No   Road   06/05/2024   Milton keynes marathon   Mar   No   Road   06/05/2024   Marchester   Road   Marchester   No   Milton   Marchester   Road   Marchester   No   Road   06/05/2024   Marchester   No   Road   No   Road   06/05/2024   Marchester   No   Road   No   Road   06/05/2024   Marchester   No   Road   N					
17/03/2024   Mik Palf					
17/03/2024   Mk 20					
24/03/2024         Twin lakes 10         10 miles         No         Road           24/03/2024         Twin lakes 20         20 miles         No         Road           24/03/2024         Oakley 20         20 miles         No         Road           24/03/2024         Oakley 20         20 miles         Yes         Road           29/03/2024         Maidenhead 10         10 miles         No         Road           7/04/2024         Undon Landmarks         Half         No         Road           7/04/2024         White horse half         Half         No         Road           4/04/2024         Brighton         Mar         No         Road           4/04/2024         Marchester         Mar         No         Road           28/04/2024         Colchester Zoo Stampede         10k         No         Road           5/05/2024         Milton Keynes Rocket 5k         5 k         No         Road           05/05/2024         Milton Keynes Half marathon         Half         No         Road           06/05/2024         Milton Keynes half marathon         Mar         No         Road           12/05/2024         The Phoenix S         5 miles         Yes         Road			-		
24/03/2024         Twin lakes 20         20 miles         No         Road           20/03/2024         Hillingdon 20         20 miles         No         Road           24/03/2024         Maidenhead 10         10 miles         No         Road           29/03/2024         Maidenhead 10         10 miles         No         Road           29/04/2024         White horse half         Half         No         Road           7/04/2024         Brighton         Mar         No         Road           41/04/2024         Flittwick 10k         10k         No         Road           41/04/2024         Marchester         Mar         No         Road           05/05/2024         Clochester Zoo Stampede         10k         No         Road           05/05/2024         Hitchin 10k         10k         Yes         Road           05/05/2024         Milton Keynes Rocket 5k         5 k         No         Road           06/05/2024         Milton Keynes half marathon         Half         No         Road           06/05/2024         Milton Keynes marathon         Mar         No         Road           12/05/2024         Milton Keynes balf marathon         Mar         No         Road <td></td> <td></td> <td></td> <td></td> <td></td>					
20/03/2024   Hillingdon 20   20 miles   No   Road   24/03/2024   Oakley 20   20 miles   Yes   Road   24/03/2024   Maidenhead 10   10 miles   No   Road   07/04/2024   London Landmarks   Hallf   No   Road   07/04/2024   Undon Landmarks   Hallf   No   Road   14/04/2024   Hilthorse half   Hallf   No   Road   14/04/2024   Flitwick 10k   10k   No   Road   14/04/2024   Flitwick 10k   10k   No   Road   14/04/2024   Manchester   Mar   No   Road   05/05/2024   Milton Keynes Packet 5k   Mar   No   Road   05/05/2024   Hiltchin 10k   10k   No   Road   05/05/2024   Hiltchin 10k   10k   Yes   Road   05/05/2024   Milton Keynes Rocket 5k   5 k   No   Road   06/05/2024   Milton Keynes Rocket 5k   5 k   No   Road   06/05/2024   Milton Keynes marathon   Hallf   No   Road   06/05/2024   Milton Keynes marathon   Mar   No   Road   07/05/2024   Marathon   Marathon   Mar   No   Road   07/05/2024   Marathon   Marathon   Marathon   Marathon   No   Road   07/05/2024   Marathon   Marathon   Marathon   Marathon   Marathon   Marathon   Marathon   No   Road   07/05/2024   Marathon   No   Road   07/07/2024   Marathon   Maratho					
24/03/2024					
29/03/2024		-			
07/04/2024         London Landmarks         Half         No         Road           7/04/2024         White horse half         Half         No         Road           07/04/2024         Flitwick 10k         10k         No         Road           14/04/2024         Flitwick 10k         10k         No         Road           14/04/2024         Manchester         Mar         No         Road           28/04/2024         Colchester Zoo Stampede         10k         No         Road           05/05/2024         Hitchin 10k         10k         Yes         Road           05/05/2024         Milton Keynes Rocket 5k         5 k         No         Road           06/05/2024         Milton Keynes half marathon         Half         No         Road           06/05/2024         Milton Keynes marathon         Mar         No         Road           12/05/2024         The Phoenix 5         5 miles         Yes         Moad      <		· ·			
P/04/2024   White horse half					
07/04/2024         Brighton         Mar         No         Road           14/04/2024         Flitwick 10k         10k         No         Road           14/04/2024         Manchester         Mar         No         Road           28/04/2024         Colchester Zoo Stampede         10k         No         Road           05/05/2024         Hiltchin 10k         10k         Yes         Road           05/05/2024         Milton Keynes Rocket 5k         5 k         No         Road           06/05/2024         Milton Keynes marathon         Mar         No         Road           06/05/2024         Milton Keynes marathon         Mar         No         Road           12/05/2024         The Phoenix 5         5 miles         Yes         Mod           12/05/2024         The Wall Town 10k         10k         No         Mod           12/05/2024         Mare 10k         10k         No         Road           7/0			-		
14/04/2024         Flitwick 10k         10k         No         Road           14/04/2024         Manchester         Mar         No         Road           28/04/2024         Colchester Zoo Stampede         10k         No         Road           05/05/2024         Hiltchin 10k         10k         Yes         Road           05/05/2024         Milton Keynes Rocket 5k         5 k         No         Road           06/05/2024         Milton Keynes half marathon         Half         No         Road           06/05/2024         Milton Keynes marathon         Mar         No         Road           12/05/2024         The Phoenix 5         5 miles         Yes         Road           7/05/2024         Greenway challenge         Half         No         MT           19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           19/06/2024         Stort 5/10         5 and 10 miles         Yes         MT           19/06/2024         Hatfield Broad Oak         10k         No         Road           7/06/2024         Run around the garden 5k         5k         No         Road <td></td> <td></td> <td></td> <td></td> <td></td>					
14/04/2024         Manchester         Mar         No         Road           28/04/2024         Colchester Zoo Stampede         10k         No         Road           05/05/2024         Hitchin 10k         10k         Yes         Road           05/05/2024         Milton Keynes Rocket 5k         5 k         No         Road           06/05/2024         Milton Keynes half marathon         Half         No         Road           06/05/2024         Milton Keynes marathon         Mar         No         Road           12/05/2024         Pehoenix 5         5 miles         Yes         Road           12/05/2024         Greenway challenge         Half         No         MT           19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           27/05/2024         Hatfield Broad Oak         10k         No         Road           2/06/2024         Welwyn 10k         10k         Yes         Road           9/06/2024         Wal rau around the garden 5k         5k         No         Road           9/06/2024         The Wall 70 mile ultra         Ultra         No         Road           15/06/2024         The Wall 70 mile ultra         Ultra         No         R		-			
28/04/2024         Colchester Zoo Stampede         10k         No         Road           05/05/2024         Hitchin 10k         10k         Yes         Road           05/05/2024         Milton Keynes Rocket 5k         5 k         No         Road           06/05/2024         Milton Keynes half marathon         Half         No         Road           06/05/2024         Milton Keynes marathon         Mar         No         Road           12/05/2024         The Phoenix 5         5 miles         Yes         Road           ?/05/2024         Greenway challenge         Half         No         MT           19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           27/05/2024         Hatfield Broad Oak         10k         No         Road           ?/05/2024         Welwyn 10k         10k         Yes         Road           ?/06/2024         Welwyn 10k         10k         Yes         Road           ?/6/2024         Mu around the garden 5k         5k         No         Road           15/06/2024         The Wall 70 mile ultra         Ultra         No         MT           07/07/2024         Ware 10 miles         10 miles         No         Road					
05/05/2024         Hitchin 10k         10k         Yes         Road           05/05/2024         Milton Keynes Rocket 5k         5 k         No         Road           06/05/2024         Milton Keynes half marathon         Half         No         Road           06/05/2024         Milton Keynes marathon         Mar         No         Road           12/05/2024         The Phoenix 5         5 miles         Yes         Road           ?/05/2024         The Phoenix 5         5 miles         Yes         Road           ?/05/2024         Greenway challenge         Half         No         MT           19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           2//05/2024         Hatfield Broad Oak         10k         No         Road           ?/05/2024         Welwyn 10k         10k         No         Road           ?/06/2024         Welwyn 10k         10k         Yes         Road           ?/06/2024         Welwyn 10k         10k         Yes         Road           9/06/2024         Suturend         Half         No         Road           9/06/2024         The Wall 70 mile ultra         Ultra         No         MT <td< td=""><td></td><td>!</td><td></td><td></td><td></td></td<>		!			
05/05/2024         Milton Keynes Rocket 5k         5 k         No         Road           06/05/2024         Milton Keynes half marathon         Half         No         Road           12/05/2024         The Phoenix 5         5 miles         Yes         Road           12/05/2024         The Phoenix 5         5 miles         Yes         Road           19/05/2024         Greenway challenge         Half         No         MT           19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           27/05/2024         Hatfield Broad Oak         10k         No         Road           2/06/2024         Welwyn 10k         10k         Yes         Road           2/06/2024         Wan around the garden 5k         5k         No         Road           9/06/2024         The Wall 70 mile ultra         Ultra         No         MT           07/07/2024         Ware 10 miles         10 miles         No         Road           07/07/2024         Ware 10 miles         10 miles         No         Road           2/07/2024         Doug Anderson 5k         5k         Yes         Road           2/07/2024         Doug Anderson 5k         5k         Yes         Road					
06/05/2024         Milton Keynes half marathon         Half         No         Road           06/05/2024         Milton Keynes marathon         Mar         No         Road           12/05/2024         The Phoenix 5         5 miles         Yes         Road           ?/05/2024         Greenway challenge         Half         No         MT           19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           27/05/2024         Hatfield Broad Oak         10k         No         Road           ?/06/2024         Run around the garden 5k         5k         No         Road           9/06/2024         Run around the garden 5k         5k         No         Road           19/06/2024         Run around the garden 5k         5k         No         Road           19/06/2024         Run around the garden 5k         5k         No         Road           19/06/2024         Run around the garden 5k         5k         No         Road           19/06/2024         Run around the garden 5k         5k         No         Road           10/07/2024         Ware 10 miles         10 miles         No         MT           10/07/2024         Ware 10 miles         10 miles					
06/05/2024         Milton Keynes marathon         Mar         No         Road           12/05/2024         The Phoenix 5         5 miles         Yes         Road           7/05/2024         Greenway challenge         Half         No         MT           19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           27/05/2024         Hatfield Broad Oak         10k         No         Road           7/05/2024         Hatfield Broad Oak         10k         No         Road           7/05/2024         Welwyn 10k         10k         Yes         Road           9/06/2024         Run around the garden 5k         5k         No         Road           9/06/2024         Southend         Half         No         Road           15/06/2024         The Wall 70 mile ultra         Ultra         No         MT           07/07/2024         Ware 10 miles         10 miles         No         Road           17/07/2024         Ware 10k         10k         No         Road           17/07/2024         Doug Anderson 5k         5k         Yes         Road           15/09/2024         NSPCC half (Milton Keynes)         Half         No         Road					
12/05/2024         The Phoenix 5         5 miles         Yes         Road           ?/05/2024         Greenway challenge         Half         No         MT           19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           27/05/2024         Hatfield Broad Oak         10k         No         Road           ?/06/2024         Welwyn 10k         10k         Yes         Road           ?/6/2024         Run around the garden 5k         5k         No         Road           09/06/2024         Southend         Half         No         Road           15/06/2024         The Wall 70 mile ultra         Ultra         No         Mo           07/07/2024         Ware 10 miles         10 miles         No         Road           07/07/2024         Ware 10 miles         10k         No         Road           ?/07/2024         Ware 10k         10k         No         Road           ?/07/2024         NsPCC half (Milton Keynes)         Half         No         Road           ?/07/2024         Hatfield 5k series - race 1 Herts senior champs         5k         No         Road           ?/08/2024         Hatfield 5k series - race 2 Herts Vets champs         5k         No <td></td> <td></td> <td>Mar</td> <td></td> <td></td>			Mar		
?/05/2024         Greenway challenge         Half         No         MT           19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           27/05/2024         Hatfield Broad Oak         10k         No         Road           ?/06/2024         Welwyn 10k         10k         Yes         Road           ?/6/2024         Run around the garden 5k         5k         No         Road           09/06/2024         Southend         Half         No         Road           15/06/2024         The Wall 70 mile ultra         Ultra         No         MT           07/07/2024         Ware 10 miles         10 miles         No         Road           07/07/2024         Ware 10k         10k         No         Road           ?/07/2024         Doug Anderson 5k         5k         Yes         Road           ?/07/2024         NSPCC half (Milton Keynes)         Half         No         Road           15/09/2024         Stevenage 10k         10k         Yes         Road           ?/08/2024         Hatfield 5k series - race 1 Herts senior champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 2 Herts Vets champs         5k         No			5 miles	Yes	Road
19/05/2024         Stort 5/10         5 and 10 miles         Yes         MT           27/05/2024         Hatfield Broad Oak         10k         No         Road           ?/06/2024         Welwyn 10k         10k         Yes         Road           ?/6/2024         Run around the garden 5k         5k         No         Road           09/06/2024         Southend         Half         No         Road           15/06/2024         The Wall 70 mile ultra         Ultra         No         MT           07/07/2024         Ware 10 miles         10 miles         No         Road           07/07/2024         Ware 10k         10k         No         Road           ?/07/2024         Doug Anderson 5k         5k         Yes         Road           ?/07/2024         NSPCC half (Milton Keynes)         Half         No         Road           ?/07/2024         NSPCC half (Milton Keynes)         Half         No         Road           ?/07/2024         Stevenage 10k         10k         Yes         Road           ?/08/2024         Hatfield 5k series - race 1 Herts senior champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 2 Herts Vets champs         5k <t< td=""><td></td><td></td><td>Half</td><td>No</td><td>MT</td></t<>			Half	No	MT
27/05/2024         Hatfield Broad Oak         10k         No         Road           ?/06/2024         Welwyn 10k         10k         Yes         Road           ?/6/2024         Run around the garden 5k         5k         No         Road           09/06/2024         Southend         Half         No         Road           15/06/2024         The Wall 70 mile ultra         Ultra         No         MT           07/07/2024         Ware 10 miles         10 miles         No         Road           07/07/2024         Ware 10 miles         10 miles         No         Road           9/07/2024         Doug Anderson 5k         5k         Yes         Road           ?/07/2024         NSPCC half (Milton Keynes)         Half         No         Road           ?/07/2024         NSPCC half (Milton Keynes)         Half         No         Road           ?/07/2024         Stevenage 10k         10k         Yes         Road           ?/08/2024         Hatfield 5k series - race 1 Herts senior champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 2 Herts Vets champs         5k         No         Road           ?/09/2024         Baldock rat race         5k			5 and 10 miles	Yes	MT
?/06/2024         Welwyn 10k         10k         Yes         Road           ?/6/2024         Run around the garden 5k         5k         No         Road           09/06/2024         Southend         Half         No         Road           15/06/2024         The Wall 70 mile ultra         Ultra         No         MT           07/07/2024         Ware 10 miles         10 miles         No         Road           7/07/2024         Ware 10k         10k         No         Road           ?/07/2024         Doug Anderson 5k         5k         Yes         Road           ?/07/2024         NSPCC half (Milton Keynes)         Half         No         Road           ?/07/2024         Stevenage 10k         10k         Yes         Road           ?/08/2024         Hatfield 5k series - race 1 Herts senior champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 2 Herts Vets champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 3         5k         No         Road           ?/09/2024         Batfold 5k series - race 3         5k         No         Road           ?/09/2024         Bedford run festival         5k			10k	No	Road
09/06/2024         Southend         Half         No         Road           15/06/2024         The Wall 70 mile ultra         Ultra         No         MT           07/07/2024         Ware 10 miles         10 miles         No         Road           07/07/2024         Ware 10k         10k         No         Road           ?/07/2024         Doug Anderson 5k         5k         Yes         Road           ?/07/2024         NSPCC half (Milton Keynes)         Half         No         Road           ?/07/2024         Stevenage 10k         10k         Yes         Road           ?/08/2024         Hatfield 5k series - race 1 Herts senior champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 2 Herts Vets champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 3         5k         No         Road           ?/09/2024         Hatfield 5k series - race 3         5k         No         Road           ?/09/2024         Baldock rat race         5k         No         Road           ?/09/2024         Bedford run festival         5k         No         Road           07/09/2024         Bedford run festival         10k	?/06/2024	Welwyn 10k	10k	Yes	Road
15/06/2024         The Wall 70 mile ultra         Ultra         No         MT           07/07/2024         Ware 10 miles         10 miles         No         Road           07/07/2024         Ware 10k         10k         No         Road           ?/07/2024         Doug Anderson 5k         5k         Yes         Road           ?/07/2024         NSPCC half (Milton Keynes)         Half         No         Road           15/09/2024         Stevenage 10k         10k         Yes         Road           ?/08/2024         Hatfield 5k series - race 1 Herts senior champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 2 Herts Vets champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 3         5k         No         Road           ?/09/2024         Baldock rat race         5k         No         Road           ?/09/2024         Bedford run festival         5k         No         Road           07/09/2024         Bedford run festival         10k         No         Road           08/09/2024         Bedford run festival         20 miles         No         Road           08/09/2024         Bedford run festival	?/6/2024	Run around the garden 5k	5k	No	Road
07/07/2024         Ware 10 miles         10 miles         No         Road           07/07/2024         Ware 10k         10k         No         Road           ?/07/2024         Doug Anderson 5k         5k         Yes         Road           ?/07/2024         NSPCC half (Milton Keynes)         Half         No         Road           15/09/2024         Stevenage 10k         10k         Yes         Road           ?/08/2024         Hatfield 5k series - race 1 Herts senior champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 2 Herts Vets champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 3         5k         No         Road           ?/09/2024         Baldock rat race         5k         Yes         MT           07/09/2024         Bedford run festival         5k         No         Road           07/09/2024         Bedford run festival         10k         No         Road           08/09/2024         Bedford run festival         20 miles         No         Road           08/09/2024         Bedford run festival         20 miles         No         Road           ?/10/2024         Cabbage patch 10         10	09/06/2024	Southend	Half	No	Road
07/07/2024         Ware 10k         10k         No         Road           ?/07/2024         Doug Anderson 5k         5k         Yes         Road           ?/07/2024         NSPCC half (Milton Keynes)         Half         No         Road           15/09/2024         Stevenage 10k         10k         Yes         Road           ?/08/2024         Hatfield 5k series - race 1 Herts senior champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 2 Herts Vets champs         5k         No         Road           ?/09/2024         Hatfield 5k series - race 3         5k         No         Road           ?/09/2024         Baldock rat race         5k         Yes         MT           07/09/2024         Bedford run festival         5k         No         Road           07/09/2024         Bedford run festival         10k         No         Road           08/09/2024         Bedford run festival         20 miles         No         Road           08/09/2024         Bedford run festival         20 miles         No         Road           ?/10/2024         Cabbage patch 10         10 miles         No         Road           06/10/2024         Standalone 10k (Herts county) <td></td> <td>i</td> <td>Ultra</td> <td>No</td> <td>MT</td>		i	Ultra	No	MT
?/07/2024Doug Anderson 5k5kYesRoad?/07/2024NSPCC half (Milton Keynes)HalfNoRoad15/09/2024Stevenage 10k10kYesRoad?/08/2024Hatfield 5k series - race 1 Herts senior champs5kNoRoad?/09/2024Hatfield 5k series - race 2 Herts Vets champs5kNoRoad?/09/2024Hatfield 5k series - race 35kNoRoad?/09/2024Baldock rat race5kYesMT07/09/2024Bedford run festival5kNoRoad07/09/2024Bedford run festival10kNoRoad08/09/2024Bedford run festivalHalfNoRoad08/09/2024Bedford run festival20 milesNoRoad?/10/2024Cabbage patch 1010 milesNoRoad06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	07/07/2024	Ware 10 miles	10 miles	No	Road
?/07/2024NSPCC half (Milton Keynes)HalfNoRoad15/09/2024Stevenage 10k10kYesRoad?/08/2024Hatfield 5k series - race 1 Herts senior champs5kNoRoad?/09/2024Hatfield 5k series - race 2 Herts Vets champs5kNoRoad?/09/2024Hatfield 5k series - race 35kNoRoad?/09/2024Baldock rat race5kYesMT07/09/2024Bedford run festival5kNoRoad07/09/2024Bedford run festival10kNoRoad08/09/2024Bedford run festivalHalfNoRoad08/09/2024Bedford run festival20 milesNoRoad?/10/2024Cabbage patch 1010 milesNoRoad06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	07/07/2024	Ware 10k	10k	No	Road
15/09/2024 Stevenage 10k 10k Yes Road  ?/08/2024 Hatfield 5k series - race 1 Herts senior champs 5k No Road  ?/09/2024 Hatfield 5k series - race 2 Herts Vets champs 5k No Road  ?/09/2024 Hatfield 5k series - race 3 5k No Road  ?/09/2024 Baldock rat race 5k Yes MT  07/09/2024 Bedford run festival 5k No Road  07/09/2024 Bedford run festival 10k No Road  08/09/2024 Bedford run festival 10k No Road  08/09/2024 Bedford run festival 20 miles No Road  08/09/2024 Bedford run festival 10 miles No Road  08/09/2024 Standalone 10k (Herts county) 10k No Road  20/10/2024 Stevenage half (Herts County vets) Half No Road  20/10/2024 Stevenage marathon (Herts County vets and seniors) Marathon No Road	?/07/2024	Doug Anderson 5k	5k	Yes	Road
?/08/2024Hatfield 5k series - race 1 Herts senior champs5kNoRoad?/09/2024Hatfield 5k series - race 2 Herts Vets champs5kNoRoad?/09/2024Hatfield 5k series - race 35kNoRoad?/09/2024Baldock rat race5kYesMT07/09/2024Bedford run festival5kNoRoad07/09/2024Bedford run festival10kNoRoad08/09/2024Bedford run festivalHalfNoRoad08/09/2024Bedford run festival20 milesNoRoad?/10/2024Cabbage patch 1010 milesNoRoad06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad			Half	No	Road
?/09/2024Hatfield 5k series - race 2 Herts Vets champs5kNoRoad?/09/2024Hatfield 5k series - race 35kNoRoad?/09/2024Baldock rat race5kYesMT07/09/2024Bedford run festival5kNoRoad07/09/2024Bedford run festival10kNoRoad08/09/2024Bedford run festivalHalfNoRoad08/09/2024Bedford run festival20 milesNoRoad?/10/2024Cabbage patch 1010 milesNoRoad06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	15/09/2024	Stevenage 10k	10k	Yes	Road
?/09/2024Hatfield 5k series - race 2 Herts Vets champs5kNoRoad?/09/2024Hatfield 5k series - race 35kNoRoad?/09/2024Baldock rat race5kYesMT07/09/2024Bedford run festival5kNoRoad07/09/2024Bedford run festival10kNoRoad08/09/2024Bedford run festivalHalfNoRoad08/09/2024Bedford run festival20 milesNoRoad?/10/2024Cabbage patch 1010 milesNoRoad06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	?/08/2024	Hatfield 5k series - race 1 Herts senior champs	5k	No	Road
?/09/2024         Baldock rat race         5k         Yes         MT           07/09/2024         Bedford run festival         5k         No         Road           07/09/2024         Bedford run festival         10k         No         Road           08/09/2024         Bedford run festival         20 miles         No         Road           ?/10/2024         Cabbage patch 10         10 miles         No         Road           06/10/2024         Standalone 10k (Herts county)         10k         No         Road           20/10/2024         Stevenage half (Herts County vets)         Half         No         Road           20/10/2024         Stevenage marathon (Herts County vets and seniors)         Marathon         No         Road	?/09/2024	•	5k	No	Road
07/09/2024Bedford run festival5kNoRoad07/09/2024Bedford run festival10kNoRoad08/09/2024Bedford run festivalHalfNoRoad08/09/2024Bedford run festival20 milesNoRoad?/10/2024Cabbage patch 1010 milesNoRoad06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	?/09/2024	Hatfield 5k series - race 3	5k	No	Road
07/09/2024Bedford run festival10kNoRoad08/09/2024Bedford run festivalHalfNoRoad08/09/2024Bedford run festival20 milesNoRoad?/10/2024Cabbage patch 1010 milesNoRoad06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	?/09/2024	Baldock rat race	5k	Yes	MT
08/09/2024Bedford run festivalHalfNoRoad08/09/2024Bedford run festival20 milesNoRoad?/10/2024Cabbage patch 1010 milesNoRoad06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	07/09/2024	Bedford run festival	5k	No	Road
08/09/2024Bedford run festival20 milesNoRoad?/10/2024Cabbage patch 1010 milesNoRoad06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	07/09/2024	Bedford run festival	10k	No	Road
?/10/2024Cabbage patch 1010 milesNoRoad06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	08/09/2024	Bedford run festival	Half	No	Road
06/10/2024Standalone 10k (Herts county)10kNoRoad20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	08/09/2024	Bedford run festival	20 miles	No	Road
20/10/2024Stevenage half (Herts County vets)HalfNoRoad20/10/2024Stevenage marathon (Herts County vets and seniors)MarathonNoRoad	?/10/2024	Cabbage patch 10	10 miles	No	Road
20/10/2024 Stevenage marathon (Herts County vets and seniors) Marathon No Road	06/10/2024	Standalone 10k (Herts county)	10k	No	Road
	20/10/2024	Stevenage half (Herts County vets)	Half	No	Road
2/11/2024 Bass Belle 10 10 miles Ves Pood	20/10/2024	Stevenage marathon (Herts County vets and seniors)	Marathon	No	Road
11112074 D033 DCIIC TO TO KODU	?/11/2024	Bass Belle 10	10 miles	Yes	Road

?/11/2024	Wolverton 5	5 miles	No	Road
24/11/2024	Hatfield 5 (Herts County seniors)	5 miles	No	Road
?/11/2024	St Neots	Half	No	Road
08/12/2024	MK Winter half	Half	No	Road
?/12/2024	Festive 5	5 miles	Yes	Road
?/12/2024	Buntingford 10 (Herts County vets)	10 miles	No	Road
31/12/2024	Ely New Year's Eve 10k	10k	Yes	Road